

let's discuss

LEADERSHIP SKILLS

WOMEN LEAD WEBINARS








WEBINAR

Do or Die, Delegate!





Do you delegate as much as you should? Harness the power of delegating, one of the key leadership skills that leads to ongoing success.

Let's discuss.

GROUP QUESTIONS

-  Have you tried delegating? Was it successful? Why or why not?
-  Why is delegating considered an important leadership skill?
-  What are the consequences of not delegating?
-  Have you picked up projects from a manager that increased your skill set or visibility within the organization?
-  What are the consequences of not delegating? Have you seen examples of these consequences in your career?

INDIVIDUAL REFLECTION

-  Is there something you can delegate (that didn't seem possible before viewing the webinar)?
-  Are you a micromanager? If so, why do you think this is the case?
-  How can you create a safe environment for your team to learn/take on new skills? What makes the environment "safe" for you to teach/delegate and your team to learn?
-  What projects or greater responsibilities could you tackle if you delegated more to your team?






WEBINAR

Executive Presence






Do you exude confidence and command a room? Crack the Executive Presence (EP) code – your actions, words, and appearance – to land the next plum assignment.

Let's discuss.

GROUP QUESTIONS

-  Do you know someone with strong executive presence? What is it about her/him that gives you this impression?
-  What are some strategies to develop a concise, direct communication style?
-  What do you think detracts from executive presence? What examples have you seen in your career?
-  How does emotional intelligence fit into executive presence? Do you have an example of how it can enhance executive presence?
-  Share an approach/tactic that allows you to show strength while remaining likeable.

INDIVIDUAL REFLECTION

-  Are you conscious of your body language during meetings?
-  What gets in the way of you getting your ideas across in an impactful way?
-  Whom can you ask to give you direct feedback?
-  How do you enter a room?
-  What are your non-negotiables; or what are you willing (or not willing) to change or modify in order to fit the success culture of a firm?






WEBINAR

Maximizing Your Impact: How to Look, Feel and Live Like a Leader





For aspiring leaders, how you show up matters. Learn secrets and strategies to take your health, fitness, and mental outlook to the executive level.

Let's discuss.

GROUP QUESTIONS

-  What is your definition of work/life balance? Is the word balance a misnomer? What is working for you right now?
-  Have you carved out time for yourself? If so, how/when does it fit into your day?
-  Did the comments on sugar ring a bell? What are some successful alternatives to sugar or how do you successfully limit your sugar intake?
-  Have you been successful in dealing with stress or spikes in stress? What tactics have been helpful?
-  Is it hard to say no? If yes, why do you think that is?

INDIVIDUAL REFLECTION

-  What is your definition of perfect? Is it realistic?
-  Do you have a negative tape loop playing in your mind? What honest three-word mantra can you replace it with?
-  What are the three key stresses in your life? What can you do to take each down at least a notch?
-  Are you getting enough physical exercise? What activities do you like to do or would look forward to doing--that would increase your physical activity?

This image shows a full page of blank, lined paper. It features approximately 28 horizontal grey lines spaced evenly apart, typical of standard notebook paper. The lines extend across the entire width of the page, leaving small margins at the top and bottom. There are no vertical lines, text, or other markings present.